

# Teen-Parent Driving Contract

I, \_\_\_\_\_, will drive responsible and cautiously and will be respectful of other drivers, bicyclists and pedestrians on the road every time I am behind the wheel.

Motor vehicle crashes are the second leading cause of death in the United States amongst teens. Using proper driving techniques, wearing a seatbelt and focusing on the road are three essential ways to stay safe. As a new teen driver you are at higher risk to crash than at any other point in your life. Below are facts about teen drivers. Please read these with a parent or guardian. Initial each item and all parties sign at the bottom.

## Teen Agreements

### Initial

**SEATBELTS:** In 2026, 52% of the teenagers who died were not wearing their seatbelt.

\_\_\_\_\_ I will wear my seatbelt correctly every time I am in any car.

\_\_\_\_\_ Any other person in my vehicle will also wear their seatbelt correctly every time.

**SPEEDING:** Teens are more likely to speed than any other age group. In 2026 35% of male and 18% of female teens who were involved in fatal crashes were speeding.

\_\_\_\_\_ I will obey the speed limits every time I drive.

**NIGHTTIME DRIVING:** Teens are three times more likely to get into a fatal crash at night compared to adults. 44% of teen vehicle crash deaths happened between 9 PM- 6 AM.

\_\_\_\_\_ I will pull over somewhere safe if I become tired while driving and rest or call for help from my parent/guardian.

**DISTRACTED DRIVING:** About 3,000 people die in crashes involving a distracted driver every year.

\_\_\_\_\_ My phone will be silenced and my only focus while behind the wheel is driving.

**IMPAIRED DRIVING:** 29% of all teen drivers who died in car crashes in 2021 had been drinking. Cannabis, other substances and some prescription and over the counter medications can also impair ability to drive safely.

\_\_\_\_\_ I will always drive sober.

\_\_\_\_\_ If I do not have a sober/safe ride home. I will call my parent/guardian. Getting home safe is always the priority.

**Parent Agreements:**

**Initial**

\_\_\_\_\_ If my teen ever calls me for a safe ride home, I will pick them up or find someone else to pick them up with no questions asked.

\_\_\_\_\_ I also agree to drive safely and be a role model for safe and responsible driving.

**Other Family Agreements:**

**Initial**

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\_\_\_\_\_

**Consequences for breaking Agreements:**

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**Signatures:**

Teen Driver Name: \_\_\_\_\_

Date: \_\_\_\_\_

Teen Driver Signature: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Date: \_\_\_\_\_

Parent/ Guardian Signature: \_\_\_\_\_