



COMPANIONSHIP WELLNESS PROGRAM

UMASS MEMORIAL
MEDICAL CENTER



COMPANIONSHIP

We recognize that being admitted to the hospital is not always a pleasant experience. Due to the additional challenges of policies prohibiting visitors in healthcare facilities, and quarantine requirements for COVID19+, many people may feel isolated, lonely, and depressed.

Given the barriers to social connections during this time, we have initiated a program that provides social wellness check in sessions via video or phone while you are inpatient. These visits are performed by volunteers of the hospital that come from a variety of departments and backgrounds. (i.e., medical students, nursing students, hospital administration).



"THE SOLUTION
TO ALONE-NESS
IS NOT MORE
SOLITUDE, BUT
COMPANIONSHIP
AND COMMUNITY"

-ROBERT FULGHUM

ABOUT THE PROGRAM

Wellness Checks

The focus of these visits is NOT intended to be medical or a discussion of your medical care. We want to offer you an opportunity to talk about current events, your family, YOU!

What Should I Know?

There will be no formal documentation of this visit as it is meant to be a social visit, much like visiting with a neighbor or good friend. However, should you raise items of concern to our volunteers such as thoughts of suicide or intent to harm yourself or others, this information will be immediately brought to the appropriate onsite clinical provider.

How Do I Join?

If interested, tell your nurse or provider, and a volunteer will get your preferred name and contact information. Providing your information implies consent, and you will be contacted by one of our volunteers to start the process. Please let our volunteer know if you have any other questions.