Oh, Baby! IT'S TIME TO DELIVER!

If your baby is due soon, you likely have a lot of questions about delivering during the COVID-19 pandemic. UMass Memorial is committed to keeping you and your baby safe while providing a special and memorable birthing experience. Following are answers to some of the top questions we're being asked.

Can I bring a support person to my delivery?



Yes. You can bring one, healthy support person with you to the hospital. Your support person will be admitted with you and must stay for the duration of your stay. Meals for you and your support person will be provided.

Will I be tested for coronavirus?



Yes. If your delivery date is unplanned, you'll be tested upon admission to the hospital. If you're having a scheduled cesarean delivery or are being induced, you should be tested for coronavirus 24 to 48 hours in advance of your delivery.

Will my support person be tested?



Your support person will be asked screening questions about symptoms, recent travel and recent exposures. They'll have their temperature taken twice daily while in the hospital.

What if I test positive for coronavirus?



If you test positive for coronavirus, your support person is still able to be with you. However, at this time, if you're having a cesarean delivery, they won't be allowed in the operating room with you.

Will I be separated from my baby?



After baby arrives, if you're healthy, your baby can remain in your room with you. If you've tested positive for coronavirus, we'll talk about considerations for whether the baby should be in a separate nursery or should room-in with you. We'll also talk about ways to protect your newborn when you're together.

Do I need to wear a mask while I'm in labor?



We ask that you wear a mask at all times, except when eating. However, we understand your concerns about wearing a mask while delivering and will work with you to ensure you're as comfortable as possible. Rest assured, everyone else in the room will be masked and your support person will need to remain masked at all times.

This is an exciting time for your family. We can't wait to see you and welcome your baby into the world. Additional questions? UMass Memorial HealthAlliance-Clinton Hospital: mperea@healthalliance.com UMass Memorial Medical Center: womenshealth@umassmemorial.org

