



Partial Hospital Program at Marlborough Hospital

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The Partial Hospital Program is a voluntary, short-term, acute-care mental health program.

Mission

The Partial Hospital Program at Marlborough Hospital is committed to providing the highest quality of psychiatric care and counseling to our patients in an atmosphere of respect and compassion. We value every individual regardless of their life challenges.

Program Goal

To help you identify your feelings, explore and discuss behavioral changes and gain the insight you will need for a healthy lifestyle.

Program Hours

9am to 3pm, Monday through Friday

Program Duration

Typical length of stay is 10 days, but is dependent on individual treatment goals and progress.

For appointments or information, call 508-486-5547.



When an individual experiences acute mental health problems and needs care for their overall emotional health, the Partial Hospital Program at Marlborough Hospital can help.



Frequently Asked Questions



Who will treat me?

As a patient in the Partial Hospital Program, you will have access to Board certified psychiatrists, licensed mental health counselors, master level clinicians, licensed independent clinical workers and registered nurses.

Does this program prescribe medication?

Yes. After an assessment with a psychiatrist, medications may be recommended and prescribed. During the program, you will be monitored to make sure the medication is helping you.

What insurance do you take?

Marlborough Hospital accepts most private insurances, Medicare, MassHealth, Careplus and Connector Care plans.

What does the program schedule look like?

Here is the schedule for a week in the program:

What should I do for lunch?

You will have access to a refrigerator and a microwave, so you can bring your own lunch. You can also buy lunch in the hospital cafeteria.

Can I participate if I have addiction issues?

Yes. The program does assist people who have substance abuse disorders in addition to their primary mental health diagnosis. However, you cannot be at risk of withdrawal.

Is there parking at Marlborough Hospital?

Yes. There is plenty of free parking.

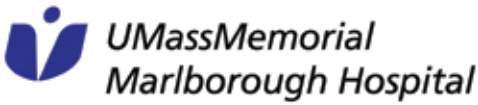
What happens after I am discharged?

Before you leave the program, you will receive help to coordinate the care you need to continue your path of healing.

Partial Hospital Program Group Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-10:00	Process Group	Process Group	Process Group	Process Group	Process Group
10:00-10:45	Goals	Goals	Goals	Goals	Goals
11:00-12:00	Emotional Intelligence	Relationship Issues	Anger Management	Mental Health	Self-Esteem
12:00-1:00	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
1:00-2:00	Cognitive Reframing	Discharge Planning/ Doctor's Group	Communication Group	Mindfulness	Stress Management
2:15-3:00	Wrap Up	Wrap Up	Wrap Up	Wrap Up	Wrap Up

Referral forms for the Partial Hospital Program are available online at marlboroughhospital.org.



Marlborough Hospital, a community resource since 1890, is served by a medical staff of more than 300 primary care physicians and specialists. The hospital provides a wide range of inpatient and outpatient medical, surgical and ancillary services, including oncology, radiation oncology, laboratory and radiology services, physical therapy, cardiac rehabilitation and inpatient and partial day mental health services. A state-of-the-art Emergency Department, staffed by emergency medicine physicians from the UMass Memorial Medical Center, provides 24-hour emergency care.

For more information about the hospital please visit:
www.marlboroughhospital.org.



UMass Memorial Health Care is the largest not-for-profit health care system in Central New England with more than 13,000 employees and nearly 2,000 physicians, many of whom are members of UMass Memorial Medical Group. Our member hospitals and entities include Clinton Hospital, HealthAlliance Hospital, Marlborough Hospital, UMass Memorial Medical Center and Community Healthlink, our behavioral health agency.

With our teaching and research partner, the University of Massachusetts Medical School, our extensive primary care network and our Cancer, Diabetes, Heart and Vascular, and Musculoskeletal Centers of Excellence we deliver seamless programs of quality and compassionate care for patients across our health care system.

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