

**UMass Memorial Health is now offering myChart access to patients beginning at age 13 years.**

Teens should discuss myChart with their Pediatrician, Pediatric Specialist or Family Medicine provider at their next visit.

On November 11<sup>th</sup>, UMass Memorial Health will make changes to myChart access as it relates to Teen patients and their designated Proxies. These changes are being made in accordance with state and federal laws that promote the sharing of information while also providing confidentiality for certain information in the medical records of teens. Beginning November 11<sup>th</sup>, we will now allow patients age 13 years and older to create their own myChart account. Parent/Legal Guardian access as a myChart Proxy will be FULL only if a child is under the age of 13. Once the Teen turns 13, the proxy access will be Limited.

With myChart Proxy Access, a parent/legal guardian can obtain access to their child/teen's myChart account. The amount of access is dependent on the child's age: 12 years and under or 13 years through 17 years.

- **If the child is 12 years old or younger**, the parent/guardian with their own myChart account can obtain full access to their child's electronic medical record as permitted by law. Parental/Guardian proxy access will automatically change to limited access when the patient turns 13. However, the patient's PCP/Pediatric Specialist will have the ability to change parent/guardian access to full proxy access if the child/teen is incapacitated. This access level should only be assigned by the provider/practice staff who can clinically approve this status and its access. **This proxy access DOES require the parent/guardian to have their own myChart account.**
- **For teen, ages 13-17** the parent/guardian will only receive limited proxy access. Limited proxy access means the parent/guardian will NOT be able to see lab results, appointments, or visit notes. This is in accordance with Massachusetts Privacy Laws that provide for confidentiality between providers and patients who are minors, in certain situations. This limited proxy access can be established by the teen's provider/practice staff familiar with the patient family relationships.

Teens may also create their own myChart account and if desired:

- Grant limited access to their parent/guardian as a proxy, which will automatically end when the teen turns 18 or earlier of the teen chooses to revoke the parent/guardian's access. **This proxy access DOES require the parent/guardian to have their own myChart account**
- Provide full, but **one-time access** to their parent/guardian via what is called SHARE EVERYWHERE. By granting access to the parent/guardian each and every time, this puts the teen in control of their information in the event that situations change, and they do not want their parent/guardian to see their full myChart. **This one-time access does NOT require the parent/guardian to have their own myChart account.**

**Note:** If an 18+ year old patient wants to grant their parent/guardian access, they can do so by following the steps as an adult to adult myChart proxy. **This proxy access DOES require the parent/guardian to have their own myChart account.** If the parent/guardian is NOT a UMMH patient, they can call 855-UMASS-MD (855-862-7763) and ask to be registered and sent an activation email to complete their myChart signup. After they have their own myChart account, the connection for proxy access can be established by the teen or by the child/teen's provider/practice staff familiar with the patient/family.