

## Center for Autism and Neurodevelopmental Disorders (CANDO)

UMass Memorial Medical Center  
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Patients and families trust UMass Memorial Medical Center as the region's leading academic medical center, committed to improving the health of our communities in Central Massachusetts. With our partner, the University of Massachusetts Medical School, we are committed to excellence in primary and specialty care, community service, teaching and research. The Medical Center offers advanced technology and support services for patients and families, providing the region with specialists renowned for their expertise in caring for adults and children.

Visit [www.umassmemorial.org](http://www.umassmemorial.org).  
General information: 508-334-1000



UMass Memorial Health Care is the largest not-for-profit health care system in Central Massachusetts with more than 13,000 employees and 1,700 physicians, many of whom are members of UMass Memorial Medical Group. Our member hospitals and entities include UMass Memorial HealthAlliance-Clinton Hospital, UMass Memorial – Marlborough Hospital, UMass Memorial Medical Center and UMass Memorial – Community Healthlink, our behavioral health agency. With our teaching and research partner, the University of Massachusetts Medical School, our extensive primary care network and our cancer, diabetes, heart and vascular, orthopedic and surgery programs, UMass Memorial delivers safe, high-quality and compassionate care.

Visit [www.umassmemorialhealthcare.org](http://www.umassmemorialhealthcare.org).

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**Español (Spanish)- ATENCIÓN:** Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 774-441-6793 (TTY: 711).

**Português (Portuguese); ATENÇÃO:** Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 774-441-6793 (TTY: 711).



To find a physician in your community, call 855-UMASS-MD (855-862-7763).

MKTG 03/19

## CENTER FOR AUTISM AND NEURODEVELOPMENTAL DISORDERS (CANDO)



Providing evaluation, treatment and support for youth and adults with autism and neurodevelopmental disorders.



## WELCOME TO CANDO

The Center for Autism and Neurodevelopmental Disorders (CANDO) is a collaboration between UMass Memorial Medical Center and the Eunice Kennedy Shriver Center at the University of Massachusetts Medical School. Offering a variety of services for youth and adults who have complex emotional and behavioral challenges in combination with an autism or neurodevelopmental disorder, our goals are to:

- Provide stabilization for our patients through diagnostic clarification and short-term treatment
- Assist families in accessing support
- Help families navigate the transition of care back to community providers

Our services are available to families, schools and agencies, both within the US and internationally, and are billable via insurance or self-pay options.

For more information, call 774-442-2263 or 855-UMASS-MD (855-862-7763).



## MEET OUR TEAM

The CANDO Team is led by three board-certified, fellowship-trained child and adolescent psychiatrists, and a registered/licensed occupational therapist trained as a Doctor of Science. Each of our team members has special interests in caring for patients with psychiatric, developmental, mood, post-traumatic stress and psychotic disorders, as well as neuropsychopharmacology.



*Pictured left to right: Jean Frazier, MD, child and adolescent psychiatrist, executive director of the Eunice Kennedy Shriver Center; David Cochran, MD, PhD, child and adolescent psychiatrist, medical director of CANDO; Mary Beth Kadlec, ScD, OTR/L, occupational therapist, program director of CANDO; Yael Dvir, MD, child and adolescent psychiatrist, vice chair of child and adolescent psychiatry*

## WELCOME TO CANDO CLINICS

### AUTISM AND NEURODEVELOPMENTAL DISORDERS CLINIC

Our clinic offers diagnostic and medication evaluations, and short-term treatment of psychiatric disorders in youth who are on the autism spectrum or have other complex neurodevelopmental disorders.

#### SERVICES INCLUDE:

##### Interdisciplinary Team Evaluation

Our team makes treatment recommendations following an in-depth review of past and current symptoms, and treatments and services, in addition to performing psychiatric, occupational therapy and speech-language evaluations.

##### Short-term Treatment

Following evaluations, short-term treatment options may be offered in the form of medication, and occupational therapy and speech-language treatment. Recommendations may be made for further testing, including neuropsychological, genetic, sleep, nutrition, hearing, vision, school testing, etc.

### Subspecialty Psychiatric Clinics

Our team provides recommendations through a thoughtful, comprehensive diagnostic assessment and treatment planning, including consultation for medication treatment, psychotherapy, behavioral therapies, educational supports, and home- or community-based resources.

#### Subspecialty Psychiatric Clinics Include:

- **Attention Deficit/Hyperactivity Disorders (ADHD) Clinic**

The ADHD Clinic offers a psychiatric evaluation for those in need of diagnostic evaluation and treatment recommendations.

- **Fragile X Behavioral Health Clinic**

The Fragile X Clinic offers diagnostic and medication consultations as needed, occupational therapy and speech-language evaluations, and short-term treatment.

- **Mood and Psychotic Disorders Clinic**

This clinic offers a psychiatric evaluation for those in need of diagnostic evaluation and treatment recommendations.



## SELF-PAY OPTIONS

Families, schools and agencies now can access expanded CANDO services through a self-pay option. In addition to patients living within the US, these services also are available to international patients.

#### SELF-PAY SERVICES INCLUDE:

##### Neurodevelopmental and Complex Psychiatric Disorders

This service caters to patients with complex neurodevelopmental disorders, including autism and Fragile X, and complex psychiatric disorders, such as mood and psychotic disorders. We provide a comprehensive evaluation or second opinion/consultation in cases when the patient, family and/or treatment team is seeking diagnostic clarification and treatment recommendations. This service includes:

- An in-depth review of an individual's current and past symptoms
- A detailed examination of prior treatments and services
- A review of caregiver and patient-completed symptom forms (completed prior to the appointment)
- An evaluation conducted over two or more visits with appropriate specialists

##### Occupational Therapy and Speech-language Therapy

Several personalized therapy services are available. Options include:

- Review of Individual Education Plan (IEP), school and community provider records
- Attendance at a school/program meeting to share CANDO evaluation results and treatment recommendations
- School and home observation of the patient
- Parent/family and/or provider training

## FUNDING THE CANDO CLINIC

### LEND GRANT

The CANDO Clinic is funded in part by the Leadership in Education in Neurodevelopmental and Related Disabilities (LEND) Program. LEND is a grant provided by the Maternal Child Health Bureau that supports training for psychiatry; family medicine, developmental and behavioral pediatrics, and other providers through participation in clinic services and other teachings.

### MAKE A GIFT

Giving to the CANDO Clinic is easy. Donations to support the CANDO Clinic can be made online at [give.umassmemorial.org](http://give.umassmemorial.org), or by mailing a check payable to UMMF-CANDO Clinic to:

UMass Medical School  
Office of Advancement  
33 South Street, Shrewsbury, MA 01545

**FOR MORE INFORMATION ABOUT GIVING,  
CALL 508-856-5615.**

*“You can tell that all the doctors and providers at CANDO – beyond being experts in their field – actually care. You can see it in their faces. You can see it in the way they talk to the kids. They have time for them. It’s not a 15-minute appointment.”*

— **Sharon Olsen,**  
mother of a CANDO patient