

The test for COVID-19 is currently expected to take at least 48 hours to come back. If you have a myChart account for your UMass Memorial medical record, you can view these results in your account once they're ready. Please contact your health care provider if you have any questions.

### **If your test returns POSITIVE for COVID-19:**

- We will notify the Massachusetts Department of Public Health as we're required to do so for public health monitoring.
- Stay at home until instructed to leave. Patients with confirmed COVID-19 should remain under home isolation precautions until the risk of secondary transmission to others is thought to be low.
- Talk to your health care provider or public health officials. The decision to discontinue home isolation precautions should be made on a case-by-case basis, in consultation with health care providers and state and local health departments.

### **If your test returns NEGATIVE for COVID-19:**

- Continue home isolation until your symptoms have resolved for at least **24 hours** and at least **10 days** since onset of symptoms, whichever is longer.

Please reference these guidelines from the Centers for Disease Control and Prevention (CDC):  
[www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html](http://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html)